Session 2: Intentional Personal Bible Intake

Learn it…

Stop the Flop-And-Stop!
What is the most common plan for reading the Bible??? The Flop-and-Stop plan!

2 Plans and a posture

1. **PLAN 1: Reading multiple books at a time**

    a. **Using a Calendar**
        i. Made famous by Robert Murray McCheyne (See handout of the RMM method)
    b. **Using Bookmarks**
        i. 5 Bookmarks: Genesis, Joshua, Job, Isaiah, and Matthew
        ii. 3 Bookmarks: Genesis, Job, and Matthew.
    c. **Using Genre**
        i. Here is the method:
            1. Sundays: Poetry
            2. Mondays: Pentateuch (Genesis through Deuteronomy)
            3. Tuesdays: Old Testament history
            4. Wednesdays: Old Testament history
            5. Thursdays: Old Testament prophets
            6. Fridays: New Testament history
            7. Saturdays: New Testament epistles (letters)

2. **PLAN 2: Reading single books at a time.**

    a. Pick _____ books and work your way up. (See Handout)
    b. Read at a _____ pace
    c. Skip the _____ and _____ divisions
    d. Skip the commentaries (at first)
    e. Trust the _____

3. **A Posture**

    Regardless of which plan you choose, do the following when you read:
    a. Before you read, **_____**
        i. I, Incline my heart to your testimonies (Psalm 119:36).
        ii. O, Open my eyes to see wonderful things (Psalm 119:18).
        iii. U, Unite my heart to fear your name (Psalm 86:11).
        iv. S, Satisfy me in the morning with your steadfast love (Psalm 90:14).
    b. While you read, **_____**
        i. Be conscious of your need for the Holy Spirit
        ii. Be conscious of the goal of Scripture – Jesus!
        iii. Be conscious of the portion of Scripture you're reading
            1. What covenant?
            2. What genre?

3. What context?

c. After you read, _____
d. (Bonus) After your read, _____

LIVE IT…

For this week's Homework, take the book of ***Ephesians*** and read through it at least 3 times. You should be able to read it in one sitting in less than half an hour. If you can't do that, break it up and read 3 chapters in one sitting and 3 chapters the next sitting.